

# INOVA SPINE PROGRAM INTAKE QUESTIONS

DATE \_\_\_/\_\_\_/\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_ Gender \_\_\_M \_\_\_F

Mailing Address \_\_\_\_\_

Phone Numbers \_\_\_\_\_ (home) \_\_\_\_\_ (work) \_\_\_\_\_ (cell)

**Insurance Information** \_\_\_\_\_

Height \_\_\_ft \_\_\_in Weight \_\_\_\_\_Lbs Email address \_\_\_\_\_

Smoking Status \_\_\_No history of tobacco use \_\_\_Former tobacco use (no longer actively using tobacco products) \_\_\_Current tobacco use

### Primary Care Provider Information

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Address \_\_\_\_\_

How did you hear of our spine program? \_\_\_\_\_

### Preferences:

Spine Specialist (by name) \_\_\_\_\_ Type of Spine Specialist \_\_\_\_\_

Location \_\_\_\_\_

### Spine History

Describe your current symptoms related to spine problem

\_\_\_\_\_

What diagnosis has your doctor/physician given you, if any?

\_\_\_\_\_

Was there a specific event that caused your symptoms? \_\_\_YES \_\_\_NO

Please Describe (include information about work injuries or motor vehicle accidents, if applicable)

\_\_\_\_\_

Have you ever filed a Worker's Compensation claim related to a neck or back injury? \_\_\_YES \_\_\_NO

How long have your symptoms been present? (Estimated month/year) \_\_\_/\_\_\_

### Pain Information

\_\_\_Pain (include present pain intensity on zero to ten numeric pain scale where zero is no pain and ten is the worst pain you can imagine) Additional pain information \_\_\_\_\_

Please list any medications you are presently taking for this spine problem:

\_\_\_\_\_

### Please check any of the following symptoms you are presently experiencing?

\_\_\_Numbness/Tingling Location \_\_\_\_\_

\_\_\_Muscular weakness Location \_\_\_\_\_

\_\_\_Recent onset of bladder incontinence (dribbling, leaking or having urinary accidents)

\_\_\_Recent onset of bowel incontinence (lose control of bowels/stools)

\_\_\_Recent onset of numbness, particularly between legs, perineum area or between buttocks

\_\_\_Recent onset of stumbling, falling or losing control of your feet when walking

\_\_\_Recent onset of dropping items, inability to grasp objects

Have you had any of the following?

Chiropractor Appointments \_\_\_YES \_\_\_NO Physical Therapy \_\_\_YES \_\_\_NO

Steroid Injections \_\_\_YES \_\_\_NO

Radiology Tests related to present spine problem \_\_\_MRI \_\_\_X-Rays \_\_\_CT Scan

Previous surgeries \_\_\_Neck surgery \_\_\_Back surgery